

Count:64

Wall:4

Level:Improver / Intermediate

Choreographer: Darren Bailey

Music: Mama Don't Allow (The Jive Aces)

Forward Rock, 1/2 turn Shuffle to R, Forward Rock, 3/4 turn Shuffle to L

1-2Rock Forward on Rf, Recover onto Lf

3&4Make a 1/4 turn R stepping Rf to R side, close Lf next to Rf, make a 1/4 turn R stepping forward on Rf

5-6Rock Forward on Lf, Recover onto Rf

7&8Make a 1/4 turn L stepping Lf to L side, close Rf next to Lf making a 1/4 turn L, make a 1/4 L as you cross Lf over Rf

Side Rock, Behind side cross, Side Rock, Behind side cross

1-2Rock Rf to R side, recover onto Lf

3&4Cross Rf behind Lf, step Lf to L side, cross Rf over Lf

5-6Rock Lf to L side, recover onto Rf

7&8Cross Lf behind Rf, step Rf to R side, cross Lf over Rf

Syncopated Rocks, Side R, Side L, Forward R, Forward L

1-2&Rock Rf to R side, recover onto Lf, close Rf next to Lf

3-4&Rock Lf to L side, recover onto Rf, close Lf next to Rf

5-6&Rock Forward on Rf, recover onto Lf, close Rf next to Lf

7-8Rock Forward onto Lf, recover onto Rf

Back, Back, Coaster step With 1/4 L and cross, Syncopated weave R

1-2Step back on Lf, step back on Rf

3&4Step back on Lf, close Rf next to Lf, step forward on Lf making a 1/4 turn L (ending with Lf crossed over Rf)

&5&6Step Rf to R side, cross Lf behind Rf, step Rf to R side, cross Lf over Rf

&7&8Step Rf to R side, cross Lf behind Rf, step Rf to R side, cross Lf over Rf

Weave R, Rock recover x2

1-2Step Rf to R side, cross Lf behind Rf

3-4Step Rf to R side, cross Lf over Rf

5-6Rock Rf to R side, recover onto Lf

7-8Rock Rf to R side recover onto Lf

(On Rock steps lower hands down to waist level palms facing forwards and sway hands slightly in direction of rocks)

Weave L (starting with cross behind) Rock recover x2

1-2Cross Rf behind Lf, step Lf to L side

3-4Cross Rf over Lf, step Lf to L side

5-6Rock Rf to R side, recover onto Lf

7-8Rock Rf to R side, recover onto Lf

(On Rock steps lower hands down to waist level palms facing forwards and sway hands slightly in direction of rocks)

Cross Rock, Shuffle R, Cross Rock, Shuffle L

1-2Cross rock Rf over Lf, recover onto Lf

3&4Step Rf to R side, close Lf next to Rf, step Rf to R side

5-6Cross rock Lf over Rf, recover onto Rf

7&8Step Lf to L side, close Rf next to Lf, step Lf to L side

Cross, side, 1/4 turn R, touch L toe to side, Step Forward, 1/2 turn L, 1/2 turning Shuffle L

1-2Cross Rf over Lf, step Lf to L side

3-4Make a 1/4 turn R stepping back on Rf, touch L toe to L side

5-6Step Forward on Lf, make a 1/2 turn L stepping back on Rf

7&8Make a 1/4 turn L stepping Lf to L side, close Rf next to Lf, make a 1/4 turn L stepping forward on Lf

Enjoy this great music, and have fun with the steps!!!