Reflection

Count: 64  Wall: 2  Level: Intermediate
Choreographer: Alison Johnstone (Nuline dance) Jan 2013
Music: Da Roots (ITG or Folk Mix) by Mind Reflection: Da Roots (In the Groove) iTunes

Featured In Linedancer Magazine’s FIRST IN LINE

Start: After 32 counts on stronger beat 15 seconds into track/
(1-8) Walk, Walk, Kick Ball Change, Pivot ¼ over Left, Stomp, Stomp (9.00)
1, 2Walk forward Right, Walk forward Left,
3&4Kick Right, Step on Right (&), Step on Left (Kick Ball Change)
5, 6Step Right forward, Pivot ¼ over Left,
7, 8Stomp Right next to Left, Stomp Left in Place

(9-16) Rock Forward, Recover, Coaster Step, Pivot ½ Over Right, Shuffle Forward (3.00)
1, 2Rock forward on Right, Recover on Left
3&4Step Back Right, Step Left back next to Right, Step Forward Right (Coaster Step)
5, 6Step Left Forward, Pivot ½ over Right
7&8Step forward Left, Step Right into Left, Step forward left (Shuffle)

(17-24) Long Step Right, Drag Left in, Step, Small Side Step, Step in, Small Side Step, Cross Rock, Recover, ¼ Left turn Shuffle (12.00)
1, 2LONG step to Right, Drag Left in ** Optional “Michael Flatley” arms up shoulder height Left**
&3&4Step on Left (&), Small step Right (3), Step Left beside Right (&), Small step Right (4)
5, 6Cross Rock Left over Right, Recover Right
7&8¾ Turn over Left Step forward Left, Step Right into Left, Step forward left (1/4 turn Shuffle)

(25-32) Heel Ball Cross, Heel Ball Cross, Scuff, Hitch, Cross & Cross & Cross (12.00)
1&2Dig Right heel to 1 o’clock, Step on Right, Cross Left over Right (Heel Ball Cross
3&4Dig Right heel to 1 o’clock, Step on Right, Cross Left over Right (Heel Ball Cross)
5&6Scuff Right (5), Hitch changing direction to face 11 o’clock (&), Cross Right over Left (6),
&7&8Step side Left (&), Cross Right over left (7), Step side Left (&), Cross Right over left (8)

(33-40) Side Rock, Recover, Behind Side Cross, switches Toe & Toe & Heel & Toe Back (12.00)
1, 2Rock Left to side, Recover on Right,
3&4Cross Left behind Right, Step Right Side, Cross Left over Right
5&6&7Right Toe to Side (5), Step Right Center (&), Left Toe to Side (6), Step Left Center (&)
5&6&7Right Heel Forward (7), Step Right Center (&), Touch Left Toe Back (8)

Dance finishes here facing wall 6 simply turn over Left shoulder and take weight on the Left
(41-48) & Stomp Hold, & Stomp, Hold, & Paddle ¼ Left, Paddle ¼ Left (6.00)
&1, 2Step Left beside Right (&), Stomp Right Forward (1), Hold (2)
&3, 4Step Left beside Right (&), Stomp Right Forward (3), Hold (4)
&5, 6Step Left Beside right (&), Touch Right forward, ¼ Turn over Left (Paddle Turn)
7, 8Touch Right forward, ¼ Turn over Left (Paddle Turn)

(49-56) Cross Rock, Recover, Side Chasse, Cross Rock, Recover, Side Chasse
1, 2Rock Right in front of Left, Recover Left
3&4Step Right to side, Step Left beside Right(&), Step Right to Side (Chasse)
5, 6Rock Left in front of Right, Recover Right
7&8Step Left to side, Step Right beside Left(&), Step Left to Side (Chasse)

(57-64) Kick Ball Step, Kick Ball Step, Pivot ½ over Left x 2
1&2Kick Right forward, Step Right beside Left (&), Small step forward Left
3&4Kick Right forward, Step Right beside Left (&), Small step forward Left
5, 6Step Right forward, Pivot ½ over Left
7, 8Step Right forward, Pivot ½ over Left

START AGAIN  Contact: alison@nulinedance.com