

## Back In Time

32 Count, 4 Wall, Improver

Choreographer: Robbie McGoan Hickie (UK)

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Choreographed to: Bajo La Luna by Sparx

CD: Todo Lo Mejor (114bpm) \*\*

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32 count intro

**Forward Rock. Left Shuffle 1/2 Turn Left. Step. Pivot 1/2 Turn Left. Right Shuffle Forward.**

- 1 – 2 Rock forward on Left. Rock back on Right.  
3&4 Left shuffle making 1/2 turn Left stepping Left. Right. Left.  
5 – 6 Step forward on Right. Pivot 1/2 turn Left.  
7&8 Right shuffle forward stepping Right. Left. Right. (Facing 12 o'clock)

**Cross Rock. Chasse Left. Cross Rock. Chasse 1/4 Turn Right.**

- 1 – 2 Cross rock Left over Right. Rock back on Right.  
3&4 Step Left to Left side. Close Right beside Left. Step Left to Left side.  
5 – 6 Cross rock Right over Left. Rock back on Left.  
7&8 Step Right to Right side. Close Left beside Right. Make 1/4 turn Right stepping forward on Right.

**Forward Rock. Triple Step Full Turn Left. Forward Rock. Right Shuffle 1/2 Turn Right.**

- 1 – 2 Rock forward on Left. Rock back on Right. (Facing 3 o'clock)  
3&4 Left triple step (*on the spot*) making Full turn Left stepping Left. Right. Left.  
5 – 6 Rock forward on Right. Rock back on Left.  
7&8 Right shuffle making 1/2 turn Right stepping Right. Left. Right. (Facing 9 o'clock)

**Easier Option:** Counts 3&4 above ... Left Coaster Step

**Forward Rock. Behind & Cross. Side Rock. Behind & Step Forward.**

- 1 – 2 Rock forward on Left. Rock back on Right.  
3&4 Cross Left behind Right. Step Right to Right side. Cross step Left over Right.  
5 – 6 Rock Right out to Right side. Recover weight on Left.  
7&8 Cross Right behind Left. Step Left to Left side. Step forward on Right. (Facing 9 o'clock)

### Start Again

**\*\*Alternative Tracks**

She Can't Let Go by Glenn Frey, CD: No Fun Aloud (98bpm) 16 Count intro

Just Like A Boomerang by Andrés Esteche, CD: Just Like A Boomerang (118bpm) 32 Count intro Not Phrased

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Music download available from iTunes & Amazon

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